

# CASE HISTORY

Full Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  Male or  Female

Chief Complaint: 1. \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_  
 4. \_\_\_\_\_

Are your present problems due to an injury?  Y or  N If yes, please check all of the below boxes that apply to you.












Occurred on the job  Due to Auto Accident  Personal Injury Case  Other Reason \_\_\_\_\_

Injuries have been reported to:  Employer  Workers' Comp.  Auto Carrier  Police

Have you retained an attorney?  Y or  N

Are you now or have you ever been disabled?  Y or  N If so, when? \_\_\_\_\_

### Pain Scale Key

	10	-----	<b>WORST PAIN EVER (UNBEARABLE)</b> (Severe Pain) Pain stops me from doing any activities
	9	-----	(Severe Pain) Pain stops me from performing most activities
	8	-----	<b>INTENSE DREADFUL PAIN</b> (Severe Pain) Pain stops me from performing most activities
	7	-----	(Moderate Pain) Pain stops me from performing some activities
	6	-----	<b>MISERABLE DISTRESSING PAIN</b> (Moderate Pain) Pain stops me from performing some activities
	5	-----	(Moderate Pain) I am able to perform most activities
	4	-----	<b>NAGGING UNCOMFORTABLE PAIN</b> (Slight Pain) I am able to perform most activities
	3	-----	(Slight Pain) Pain does not limit my activities
	2	-----	<b>MILD ANNOYING PAIN</b> (Minimal Pain) Pain does not limit my activities
	1	-----	(Minimal Pain) Pain does not limit my activities
	0	-----	<b>NO PAIN</b> (Minimal Pain) Pain does not limit my activities

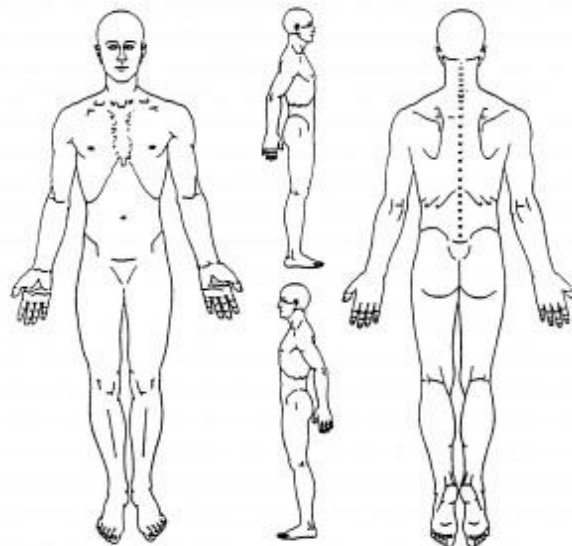
### Severity of Pain

List region of pain and circle severity number (See Pain Scale Key)

1. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10
2. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10
3. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10
4. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

### Type of Pain Code (Mark on figure)

- +++ Burning
- 000 Stabbing
- Sharp
- lll Tingling/numb
- AAA Achy



\*Please mark areas of pain on the figures using the code listed above\*

### Habits

- Smoking Packs/Day \_\_\_\_\_
- Alcohol Cups/Day \_\_\_\_\_
- Caffeine Cups/Day \_\_\_\_\_
- Diet Drinks Cups/Day \_\_\_\_\_
- Illegal/Rx Drugs \_\_\_\_\_

### Exercise/Type

- None
- Moderate
- Daily
- Dance
- Yoga / Pilates
- Weight Lifting
- Cardio/Aerobics
- Other \_\_\_\_\_

### Family History

	Cancer	Diabetes	Heart	Kidney	Arthritis	Similar Problem
Mother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Father	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grandparents	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sisters, No. of _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brothers, No. of _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Have you had or presently have any of the following conditions?

(Note: if you have Hepatitis, AIDS, or are HIV Positive; you must notify the doctor so he may enact the legally mandated sterilization techniques. Thank you.)

- |                                     |   |  |                                      |  |  |
|-------------------------------------|---|--|--------------------------------------|--|--|
| <input type="checkbox"/> Arthritis  | <input type="checkbox"/> Heart Disease  | <input type="checkbox"/> Pleurisy        | <input type="checkbox"/> Anemia      | <input type="checkbox"/> Venereal Disease        | <input type="checkbox"/> Non-listed Diseases |
| <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Herniated Disc | <input type="checkbox"/> Epilepsy        | <input type="checkbox"/> Mumps       | <input type="checkbox"/> Panic Attacks           | _____  |
| <input type="checkbox"/> Thrombosis | <input type="checkbox"/> Hypertension   | <input type="checkbox"/> Tuberculosis    | <input type="checkbox"/> Measles     | <input type="checkbox"/> Anxiety                 | _____  |
| <input type="checkbox"/> Cancer     | <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Depression              | _____  |
| <input type="checkbox"/> Stroke     | <input type="checkbox"/> Appendicitis   | <input type="checkbox"/> Goiter          | <input type="checkbox"/> Pneumonia   | <input type="checkbox"/> Mental Disorder (other) | _____  |
| <input type="checkbox"/> Polio      | <input type="checkbox"/> Stomach Ulcer  | <input type="checkbox"/> Osteoporosis    | <input type="checkbox"/> Eczema      | _____  | _____  |

(Continued on other side)

\*Please check the correct box for each item below. Check at least one box for each of the symptoms listed.\*

- General Symptoms**
- Past Presently
- Fever
  - Chills
  - Convulsions
  - Dizziness
  - Fainting
  - Fatigue
  - Loss of Sleep
  - Loss of Weight
  - Loss of Consciousness
  - Loss of Memory
  - Nervousness
  - Headache
  - Night Sweats
  - Numbness/Tingling in Arms/Hands/Legs/Feet

- Muscles & Joints**
- Past Presently
- Foot Trouble
  - Arch Pains
  - Hand Trouble
  - Neck Ache
  - Backache
  - Spinal Curvature
  - Stiff Neck
  - Tail Bone Pain
  - Swollen Joints
  - Hernia
  - Tremors/Twitching
  - Neuralgia (Nerve Pain)
  - Weakness
  - Pain between Shoulder Blades

- Gastro-Intestinal**
- Past Presently
- Belching or Gas
  - Colon Trouble
  - Constipation
  - Diarrhea
  - Excessive Hunger
  - Gall Bladder Trouble
  - Hemorrhoids (Piles)
  - Jaundice
  - Liver Trouble
  - Nausea
  - Pain Over Stomach
  - Poor Appetite
  - Poor Digestion
  - Vomiting
  - Vomiting Blood

- Eye/ear/Nose/Throat**
- Past Presently
- Hay Fever (Allergies)
  - Poor Vision
  - Pain in Eyes
  - Crossed Eyes
  - Earache
  - Deafness
  - Ear Discharge
  - Ear Noises
  - Nasal Obstruction
  - Nose Bleeds
  - Sinusitis
  - Tonsillitis
  - Hoarseness
  - Sore Throats
  - Frequent Colds
  - Enlarged Thyroid

- Cardiovascular**
- Past Presently
- High Blood Pressure
  - Low Blood Pressure
  - Poor Circulation
  - Heart Troubles
  - Pain Over Heart
  - Rapid Heart Rate
  - Slow Heart Rate
  - Irregular Heart Rate
  - Strokes
  - Varicose Veins
  - Swollen Ankles

- Respiratory**
- Past Presently
- Asthma
  - Chronic Cough
  - Wheezing
  - Difficulty Breathing
  - Chest pain
  - Spitting Phlegm
  - Spitting Blood
  - Bronchitis
- Genito-Urinary**
- Bed Wetting
  - Blood in Urine
  - Frequent Urination
  - Painful Urination
  - Kidney Infection
  - Prostate Trouble
  - Inability to Control Urine

- Skin or Allergies**
- Past Presently
- Boils
  - Bruising Easily
  - Skin Dryness
  - Eczema
  - Hives or Allergies
  - Itching
  - Sensitive Skin
  - Skin Eruptions
- Allergies**  
(Please all list below)
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

- For Women Only**
- Past Presently
- Cramps or Backaches
  - Excessive Flow
  - Hot Flashes
  - Irregular Cycle
  - Painful Periods
  - Vaginal Discharge
  - Pregnant
  - Miscarriage
- Last Gyno-Exam Date \_\_\_\_\_
- Last Pap Smear Date \_\_\_\_\_
- Last Breast Exam Date \_\_\_\_\_

**Operations and Procedures**

Date or Age	Date or Age	Date or Age	Date or Age
_____ Vaccinations	_____ Gall Bladder	_____ Breast Augmentation	_____ Abdominal Surgery
_____ Tonsillectomy	_____ Appendectomy	_____ Neck Surgery	_____ Cesarean Section
_____ Oral Surgery	_____ Rectal Surgery	_____ Back Surgery	_____ Spinal Injects/Taps
_____ Tubes in Ears	_____ Hernia	_____ Sinus Surgery	_____ Other _____
_____ Thyroid	_____ Female Organs	_____ Face Lift	_____ Other _____

I have never had any operations/surgeries.

List and Date all Hospitalizations (other than the above): \_\_\_\_\_

List and date any accidents or falls:  Dance/Sports \_\_\_\_\_

Vehicular \_\_\_\_\_  Other \_\_\_\_\_

List and date any fractures or dislocations: \_\_\_\_\_

List and date all X-Ray, MRI, CAT Scan and Bone Scan (Please indicate what ailments they were for.): \_\_\_\_\_

Are you presently using any prescription or over-the-counter medicines or vitamins?  Y or  N If yes, please list below. \_\_\_\_\_

Do you suffer from any conditions other than that for which you are consulting us?  Y or  N If yes, please list below. \_\_\_\_\_

As evidence by my below signature, I have completed this form to the best of my knowledge and I fully understand that I am seeking a chiropractic consult and that I will not hold this Doctor of Chiropractic responsible for any pre-existing medically diagnosed conditions nor for the diagnosis of any medical conditions.

\_\_\_\_\_  
Patient's/Guardian's Signature Printed Name Date